

# CISGNA Scope Scoop

Volume 2, Issue 2

October 2002



## Calendar of Events

### October 26th

GI Update and CISGNA business meeting, Bloomington, IL

### November 8-10th

Multi-Regional SGNA Conference, Columbus, OH

### November TBA

Dinner conference, LaSalle County area. Contact person Terri Petzel [punkie@anet.com](mailto:punkie@anet.com)

### December 5th

CISGNA dinner conference, Bloomington, IL. Contact person Tammy Mool (309) 888-0903

### December 6th

SGNA poster abstracts due

### December 15th

CBGNA scholarship deadline (Apply online at [cbgna.org](http://cbgna.org) for May exam)

### January 15th 2003

SGNA Annual Course scholarship deadline (Apply online at [sgna.org](http://sgna.org))

### February 21-22nd 2003

CISGNA Spring Conference and business meeting, Urbana, IL

### March 28-29th 2003

GI Update, Peoria, IL

## President's Message

In the last issue of Scope Scoop, we discussed our history and mission. In this issue I would like to expand on CISGNA's goals and vision. Our goals can be found within the CISGNA mission statement: *To promote and provide education and information and advocate optimal care for our patients.* Education and networking are important priorities identified by our membership. Thankfully we have an energetic and enthusiastic membership working together to meet these needs. Let me mention just a few examples:

1. We have four dinner conferences planned this fall, each coordinated by a different member. These conferences provide a venue for networking and learning in a relaxed and fun environment. They're really lots of fun.

2. Members also have the opportunity to attend annual courses hosted by our members; GI Update in Bloomington, GI Update in Peoria, quarterly conferences in North Central Illinois and the CISGNA spring conference. Attendance at these conferences proves the importance our member's place on their education and their professionalism.

3. 30% of our membership is GI certified. That's significant folks!  
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4. Many of our members have coordinated community colon cancer awareness programs, letters to the editor, poster and brochure campaigns in an effort to educate the public and improve screening compliance.

I envision a future where CISGNA continues to be a fiscally sound, dynamic organization responsive to the needs of our membership. You, too, can be a part of this promising future by sitting on a committee, hosting a conference, or pursuing your own passions and ideas on how best to fulfill the CISGNA mission. Your contributions are valuable and vital to the health of our regional. If you wish to share your vision for the future, please email us at [info@cisgna.org](mailto:info@cisgna.org). If you're ready to join SGNA, you may do so online at [www.sgna.org](http://www.sgna.org). If you're ready to take the next step and become certified, go to [www.cbgna.org](http://www.cbgna.org). Your future is what you make of it.

Loralee Kelsey, RN, CGRN  
CISGNA President



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Executive Board  
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## Thanks!

Thank you for this opportunity to be your leader in 2002. This past year has been the most stimulating and enriching year of my career. I am grateful for the experience and wish the same for many of you. I plan to remain active and involved in CISGNA in 2003 and hope I have inspired you to do the same ☺-Loralee

### *FYI...*

- *We wish Gloria Carruthers' son a speedy recovery. Our thoughts and prayers are with you.*
- *St. Francis in Peoria/Gastroenterology, Ltd. will soon be performing the Stretta procedure. We look forward to learning more about this new technology.*
- *Carle Hospital, Urbana and Saint Elizabeth Hospital, Belleville are performing Given Capsule Imaging.*
- *Carle Hospital, Urbana has a new Gastroenterologist, Dr. Andrew Batey.*
- *Loralee Kelsey, RN, CGRN and Marcia Walker, BSN, RN presented a poster, "Spotlight on Formalin Therapy as a treatment for Radiation Proctitis" at the Annual Course in Phoenix, AZ.*
- *Welcome Dr. Dodda, Gastroenterologist to the LaSalle County area. Dr. Dodda comes from Sterling Rock Falls.*

## Congratulations!

Congratulations to Joni Gibson, RN, CGRN  
Digestive Disease Consultants, Normal, IL  
successfully passing the SGNA Certification Exam.



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## Food For Thought

The CISGNA dinner conferences have been a huge success this year. Networking and dining have always been a great combination. Three conferences have been held to date:

### August 15<sup>th</sup>

Conference was held at Silver Creek Restaurant in Urbana, sponsored by Janssen and coordinated by Annett Schmit, RN. Dr. Bashar Attar from Chicago spoke on "Current Trends in PPI".

### September 5<sup>th</sup>

Conference was held at Kennedy's Restaurant in Urbana, IL. This lecture was sponsored by Wyeth and coordinated by Pam Frazier, RN, CGRN. Lecture titled "Perspectives in Gastroenterology: IBD" given by David Rubin, MD.

### September 11<sup>th</sup>

Conference was held at Fischer's restaurant in Belleville, IL. Sponsored by TAP Pharmaceuticals and coordinated by Kathy Scherpe, BS, RN and Loralee Kelsey, RN, CGRN. Lecture "Pictures from the Dark Side" given by Mara Theis, BSN, RN and 1.2 contact hours were awarded.

There are still two dinner conferences planned; Bloomington and LaSalle County area. See Calendar of Events for details on these upcoming events.

### ***Meet the Candidates!***

*October 26th CISGNA members will cast their votes for President-Elect, Treasurer and Newsletter Editor. Come meet the candidates at the GI Update in Bloomington and cast your vote at the meeting!*

## And The Winners Are...

Each fall, CISGNA awards \$125.00 Multi-Regional scholarships to eligible applicants.



This year's Multi-Regional scholarship recipients are:

- Mary Hughes, BS, RN, CGRN (Medical Memorial Hospital, Springfield)
- Sonia Vercler, RN, CGRN (BroMenn, Bloomington)
- Jackie Hornsby, HCT (Digestive Disease Consultants/BroMenn, Bloomington)
- Joni Gibson, RN, CGRN (Digestive Disease Consultants, Bloomington)

## 10th Annual Multi-Regional Conference

CISGNA is one of 7 SGNA regions that participate in the annual Multi-Regional conference. Central Illinois, Chicago, Indiana, Kentucky, Michigan, Ohio and Wisconsin all have representation on the planning committee and rotate the conference site each year among the regions. CISGNA is responsible for the syllabus.

This year's conference will be held in Columbus, Ohio at the Hilton in Easton Town Center, a fabulous center of shopping, dining and entertainment. CISGNA has provided 4 dynamic speakers; Dr. Gregory MD, Mary Collins RN, MSN, OCN, Dr. Tender MD, and Jo Harbaugh BS, RN, CGRN. Please come and support your region and have a great time!



# Leadership Conference 2002

The SGNA's sixth Regional Society Leadership Conference was held Oct. 4 & 5 at the Westin O'Hare Hotel in Rosemont, IL. This course is focused on providing opportunities to network, learn, and exchange information and ideas with incoming regional officers and the current SGNA Board of Directors. Alice Day and I were fortunate to be able to attend the conference this year. Personally, I was amazed at the amount of information provided in a day-and-a-half time frame. Essential tools and tips for leadership were offered in the areas of nominations and election, awards and scholarships, regional newsletters, vendor sponsorships, G.I. certification, membership recruitment and retention, and how to set up a seminar or program, just to name a few!

As the incoming president for CISGNA in 2003, I found the conference to be of great value and I know the information I received will enable me to better serve the membership.

Since this conference coincided with the SGNA Fall Board of Directors Meeting, Jo Harbaugh was present to share the recently developed SGNA Strategic Plan for 2003-2005. As most of you know, Jo is a member of our own Central Illinois Regional Society and is the President-Elect of SGNA for 2002-2003.

The Strategic Plan developed for 2003-2005 lists four priorities:

- Research: expand the science of G.I. nursing
- Education: focus on nurses and managers
- Alliances: increase awareness of SGNA within the gastroenterology and nursing communities.
- Outreach: identify, recruit, and retain GI nurses who work in non-hospital settings.

I came away from this conference feeling that our organization is strong and supportive of the regional societies. With such well-defined priorities, G.I. nursing has a bright future, and I hope you will all decide to be a part of that future.

Kay Marvin, BSN, CGRN  
CISGNA President-Elect

# Questions & Answers

1. The specialized three-lumen tube with esophageal and gastric balloons that is used for esophageal-gastric tamponade is called a:

- A) Sengstaken-Blakemore tube.
- B) Linton tube.
- C) Minnesota tube.
- D) Salem sump tube.

2. Severe chest pain that persists for more than 24 hours in patients who have undergone sclerotherapy for esophageal varices is most likely a result of:

- A) Myocardial infarction.
- B) Residual effects of the sclerosing agent.
- C) Aspiration pneumonia.
- D) Perforation.

Reference; Gastroenterology Nursing Core Curriculum. Refer to pages 300 and 302 to learn more. Congratulations! This is your first step towards studying for the certification exam. *CBGNA scholarships available. See Calendar of Events for current deadlines.*

*Answers are on page 6*

## CISGNA Poster Development

Have an idea for a SGNA Annual Course poster? Submit abstract online to SGNA by the December 6<sup>th</sup> deadline. Identify whether the poster is educational or research. Once your poster idea is accepted, contact CISGNA to apply for a scholarship to help defray the cost of poster development. Let's continue to represent CISGNA at the 30th Annual Course in Atlanta and share our knowledge and expertise with our GI colleagues.



## Spotlight On New CISGNA Members

The editor would like to welcome these new CISGNA members. The following members have joined since August, 2001. This brings our total membership up to 72 members!

Lenette Barth  
University of Illinois College of Medicine At Peoria

MaryAnn Bungag  
Alexian Brothers Medical Center

Alice Day  
Carle Foundation Hospital

Sherryl Graham  
Morris Hospital

Cheryl Hart  
BroMenn

Nancy Hopper  
Saint John's Hospital

Betty Kaupp  
BroMenn Regional Hospital

Elaine Knowles  
Gastroenterology, Ltd.

Janet Madden  
Methodist Medical Center of Illinois

Teresa Mastin  
OSE Saint Mary Medical Center

Tammy Mool  
BroMenn Regional Medical Center

Lorie Muzzarelli  
Delnor Community Hospital

Elaine Otto  
BroMenn Regional Medical Center

Sara Schirding  
Saint John's Hospital

Mary Simpson Memorial Hospital Carbondale

Mara Theis  
Carle Hospital

For information on how to join SGNA/CISGNA, you may contact us at [info@cisgna.org](mailto:info@cisgna.org), phone any of the board members, or logon [sgna.org](http://sgna.org).

## CISGNA Dinner Conference Guidelines

Are you interested in hosting a CISGNA dinner conference in your area? These guidelines were developed by the CISGNA Executive Board in September and outline just how easy and fun getting involved can be. Please contact the President-Elect if you are interested in scheduling a dinner conference.

CISGNA dinner conferences are local gatherings of GI professionals for the purpose of networking with colleagues and continuing education in the field of Gastroenterology. These dinner conferences may also reach many non-SGNA members and as such provide a potential recruiting opportunity.

- CISGNA President-Elect is the Chairperson of the Program/Planning Committee and will appoint the members of this committee.
- Members of the Program/Planning Committee will plan and implement one or two networking/educational meetings (dinner conferences) within each committee members' geographical location per year. Contact hour offerings are encouraged.
- May use vendor sponsorship as available. Discuss sponsorship opportunities with local representatives or contact President-Elect for assistance with solicitation of vendor sponsorship.
- If using vendor sponsorship; coordinate place, date, time, topic and desire for contact hour with the sponsoring vendor. Obtain vendor business card for future communications. Discuss desire for contact hour early in the planning. Vendors may be able to provide a contact hour or CME through their company. If no contact hour or CME is provided, certificates of completion can be presented to the participants following the conference.

*(Continued on page 6)*

